

# Checklist: Working the **Strike Zone**



**Injuries from being struck by objects handled by others are preventable. Adequate planning and evaluation can help control the hazards created by objects being handled.**

The following preventive actions are recommended to reduce struck-by objects handled by others at a workplace:

- Follow the safety instructions given in JSA or safe work planning meeting and the standard operating procedures (SOP)
- Train personnel that work in or around the strike zone of objects handled by others' work operations
- Strict supervision, monitoring and controlling objects handled by others' work activities
- Regular safety inspections of loads and observations of work operations
- Use of appropriate personal protective equipment (PPE) by the workers (e.g., reflective vests)
- Marking all hazardous areas utilizing notices and signs
- Stacking or securing loads properly
- Establishing a strike zone for objects handled by others work activities